

CLASS	MON	TUE	WED	THU	FRI	SAT	SUN
PRE-SCHOOL GYMNASTICS: Walking - age 4							
Walking Wiggles Walking-24 mo 30 min	10:55-11:25 Kelsey 6:05-6:35 Emily E	10:25-10:55 Julie 4:45-5:15 Kelsey 6:05-6:35 Julie	10:55-11:25 Kayla 4:45-5:15 Jada	9:30-10:00 Wait List 10:25-10:55 Emily E 10:55-11:25 Wait List 6:05-6:35 Kayla	6:05-6:35 Kelsey	9:45-10:15 Kristin 10:00-10:30 Jada	
Tiny 2s Age 2 30 min	9:40-10:10 Kelsey 4:35-5:05 Katie 6:40-7:10 Emily E	9:40-10:10 Kelsey 11:00-11:30 Julie 5:30-6:00 Julie 6:40-7:10 Julie	9:40-10:10 Julie 11:00-11:30 Wait List 4:35-5:05 Katie 5:30-6:00 Emily E 6:40-7:10 Emily E	4:35-5:05 Emily E 5:30-6:00 Kayla 6:40-7:10 Kayla 7:35-8:05 Kelsey	9:40-10:10 Kayla 5:30-6:00 Kelsey 6:40-7:10 Kelsey	10:20-10:50 Kristin 10:35-11:05 Jada 11:15-11:45 Kelsey	
Turning 3s Age 3 30 min Option	3:10-3:40 Kelsey 4:55-5:25 Emily E 5:30-6:00 Emily E 6:10-6:40 Jada 7:20-7:50 Kayla	9:50-10:20 Julie 3:10-3:40 Julie 4:55-5:25 Julie 6:10-6:40 Kelsey 6:10-6:40 Jada	9:50-10:20 Emily E 4:55-5:25 Kayla 4:55-5:25 Emily E 6:10-6:40 Jada 6:10-6:40 Kayla	9:50-10:20 Julie 4:55-5:25 Kayla 6:10-6:40 Kelsey	3:10-3:40 Wait List 6:10-6:40 Kayla	9:50-10:20 Kelsey 11:10-11:40 Jada	
Mini Flippers Age 3-4 45 min Option	10:05-10:50 Jada 5:20-6:05 Jada 6:45-7:30 Jada	10:05-10:50 Jada 1:15-2:00 Julie 3:55-4:40 Wait List 5:20-6:05 Kelsey 6:45-7:30 Kelsey 7:15-8:00 Jada	10:05-10:50 Jada 1:15-2:00 Emily E 5:20-6:05 Jada 6:45-7:30 Jada	10:05-10:50 Kayla 5:20-6:05 Kayla 6:45-7:30 Kelsey	1:35-2:20 Emily E 5:20-6:05 Kayla 6:45-7:30 Kayla	10:25-11:10 Kelsey 10:55-11:40 Kristin	
Flippers Age 4 60 min	5:10-6:10 Katie 6:15-7:15 Katie	10:15-11:15 Kelsey 5:10-6:10 Emily E 6:15-7:15 Emily E	5:10-6:10 Katie 6:15-7:15 Katie 7:20-8:20 Emily E	5:10-6:10 Emily E 6:15-7:15 Emily E	2:25-3:25 Emily E 5:10-6:10 Megan 6:15-7:15 Megan	11:45-12:45 Jada 11:45-12:45 Kelsey	

GIRLS GYMNASTICS: Recreation classes							
Jr. Bronze Ages 4.5-6	9:30-10:30 Rebekah	10:40-11:40 James					
Bronze I Ages 5-7	4:45-5:45 Kait 4:45-5:45 Kylie 4:45-5:45 James 6:00-7:00 Jamie 6:00-7:00 Emily D	4:45-5:45 Viviana 5:00-6:00 Kaitlin 6:00-7:00 Viviana 7:30-8:30 Kaitlin	4:45-5:45 Megan 6:00-7:00 Marisa 6:00-7:00 Megan 7:15-8:15 Megan	5:00-6:00 Emily D 5:00-6:00 Caitlin M 6:15-7:15 Caitlin M 6:15-7:15 Kaitlin 7:30-8:30 Kaitlin	4:45-5:45 Caitlin M 6:00-7:00 Kait 6:00-7:00 Alexis	9:30-10:30 Megan 10:45-11:45 Megan 12:00-1:00 Emily D. 1:15-2:15 James/Jamie	
Bronze II Ages 8+	4:45-5:45 Emily D 7:15-8:15 Kylie	4:45-5:45 James 7:30-8:30 Mo	4:45-5:45 Cyndil 6:00-7:00 Viviana 7:15-8:15 Hannah	5:00-6:00 Kaitlin 7:30-8:30 Emily D	6:00-7:00 Caitlin M	9:30-10:30 Emily D. 10:45-11:45 Emily D 12:00-1:00 James	
Silver *	6:00-7:00 Kait 7:15-8:15 Hannah	5:00-6:00 Jamie 6:15-7:15 Kaitlin 7:30-8:30 Jamie	4:45-5:45 Hannah 4:45-5:45 Marisa	6:15-7:15 Emily D 6:15-7:15 Marisa 7:30-8:30 Marisa	4:45-5:45 Alexis 4:45-5:45 Kait 6:00-7:00 Hannah	9:30-10:30 James 10:45-11:45 James 1:15-2:15 Haley 2:30-3:30 Jamie	
Gold/Platinum 60 min*	7:15-8:15 Jamie	6:15-7:15 Jamie	6:00-7:00 James	5:00-6:00 Marisa 7:15-8:45 Jamie	4:45-5:45 Hannah	12:00-1:00 Jamie	
Gold 90 min./Platinum *							

GIRLS Pre-Competitive: Team preparation / Taught by Team Staff (September 8th-June 11th)							
Junior Pre-Team Ages 4-5 *	7:15-8:15 Melissa	6:45-7:45 Melissa	5:00-6:00 Ellen	5:00-6:00 Melissa			
Pre-Team Level 1-2 Ages 5+ *		4:30-6:30 Melissa			5:15-7:15 Shaina		
Pre-Team Level 3 Ages 5+ *	4:45-7:15 Melissa				4:45-7:15 Melissa	* Must do 2 Days*	

BOYS GYMNASTICS: Recreation classes							
Spiders Age 3 30 min Option			10:35-11:05 James				
Dragonflies Ages 3-4 45 min Option	6:15-7:00 Cyndil 7:30-8:15 Roberto	6:00-6:45 Jon 6:45-7:30 Jon	11:05-11:50 James 6:15-7:00 Jon	4:45-5:30 Roberto 6:00-6:45 Jon		9:45-10:30 Jon	
Scorpions Age 4-5*	5:00-6:00 Jon	5:00-6:00 Jon					
Bronze I Ages 5-7	6:15-7:15 Roberto	4:45-5:45 Roberto 6:00-7:00 Roberto	5:00-6:00 James	7:15-8:15 Roberto	5:00-6:00 Jon	11:00-12:00 Jon 12:15-1:15 Roberto	
Bronze II Ages 8+	5:00-6:00 Roberto	7:15-8:15 Roberto	6:15-7:15 Roberto	6:00-7:00 Roberto			
Silver/Gold*							
Boys PreTeam *		6:00-7:30 James & Fred		6:00-7:30 James & Tom			

NINJA ZONE: Boys ages 3-11							
"Lil" Ninjas age 3&4			10:00-10:45 Julie	6:00-6:45 Julie		12:00-12:45 Julie	
Ninjas ages 5-11			5:00-6:00 Roberto	7:15-8:15 Roberto	6:00-7:00 Roberto	9:30-10:30 Roberto 10:45-11:45 Roberto	

KARATE: Recreation Karate Classes							
Karate w/ Roberto	10:00-10:45 Age 4 11:00-11:30 Age 3	12:00-12:45 Age 4 1:00-1:30 Age 3			4:45-5:45 Age 5 & Up		

TUMBLING & TRAMPOLINE (T&T)							
Jr Bronze Tumble Ages 4.5-6		9:30-10:30 James					
Bronze Tumble I Ages 5-7	4:45-5:45 Jamie 7:15-8:15 Kait	6:00-7:00 Caitlin 7:15-8:15 Viviana	4:45-5:45 Viviana	4:45-5:45 Rebekah /Jamie 6:00-7:00 Kylie	6:00-7:00 Viviana	10:45-11:45 Roberto	
Bronze Tumble II Ages 8+	7:15-8:15 Emily D.	4:45-5:45 Mo			4:45-5:45 Viviana 6:00-7:00 Emily D	10:45-11:45 Haley	
Silver Tumble	4:45-5:45 Cyndil 6:00-7:00 Hannah 6:00-7:00 Rebekah 6:00-7:00 James	4:45-5:45 Caitlin 6:00-7:00 Mo	4:45-5:45 Kait 6:00-7:00 Hannah 6:00-7:00 Kait 7:15-8:15 Marisa	4:45-5:45 James 6:00-7:00 Rebekah 6:00-7:00 Jamie 7:15-8:15 Caitlin M	4:45-5:45 Emily D 6:00-7:00 Roberto	12:00-1:00 Haley	
Gold Tumble	4:45-5:45 Reba/ Hannah 6:00-7:00 Pete	4:45-5:45 Rebekah 6:00-7:00 Rebekah 7:15-8:15 Caitlin	4:45-5:45 Waitlisted 6:00-7:00 Pete		6:00-7:00 Jon		
Platinum Tumble (Main Gym)	7:15-8:45 Pete/ James 7:15-8:15(60 Min)/Rebekah/ Jon	7:15-8:15 Reba/Jon		*Starts in North Ends in Main*			
Backhandspring Class 5+			7:15-8:15 Kait				
Adult & Tot Trampoline Walking - 2.5				10:25-10:55 Julie			
Preschool Trampoline Ages 3-5			1:15-2:00 Julie	11:00-11:45 Julie		8:45-9:30am Bridget	
Trampoline Ages 5+ (60 min)				7:00-8:00 Bridget			
Trampoline Ages 5+ (90 min)				5:30-7:00 Bridget			
Preschool Open Gym	11:45-12:45	11:45-12:45	11:45-12:45	11:45-12:45	11:45-12:45 7:30-8:30	5:00-6:00	
Age Walking - 5 \$5/visit					7:15-9:15		
Open Gym Ages 5+ \$10/visit						5:00-7:00	

Held at North Gym

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* By Invitation Only
1/26/2017



Staff is Subject to Change
We accept Visa/MasterCard/Discover, Checks, Cash
Enroll Online at www.millsgymnastics.com

