

CLASS	MON	TUE	WED	THU	FRI	SAT
<b>PRE-SCHOOL GYMNASTICS: Walking - age 4</b>						
Parent & Tot (CO-ED) Walking-24 mo 30 min *Parent Participation	10:55-11:25 Kelsey 4:40-5:10 Jada 6:05-6:35 Andriana	10:25-10:55 Mariah 4:45-5:15 Kelsey 6:05-6:35 Katie	9:30-10:00 Jada 4:45-5:15 Katie	10:25-10:55 Mariah 4:45-5:15 Kelsey 6:05-6:35 Ashley	6:05-6:35 Kelsey	10:00-10:30 Mariah 11:05-11:35 Danielle
Tiny 2s (CO-ED) Age 2 30 min *Parent Participation	9:30-10:00 Kelsey 6:40-7:10 Andriana	9:40-10:10 Kelsey 11:00-11:30 Mariah 4:40-5:10 Jada 5:30-6:00 Katie 6:40-7:10 Katie 7:35-8:05 Kelsey	9:40-10:10 Andriana 11:05-11:35 Andriana 5:30-6:00 Kelsey 6:40-7:10 Kelsey 6:55-7:25 Andriana	9:50-10:20 Mariah 4:35-5:05 Mariah 5:30-6:00 Jada 6:40-7:10 Ashley	4:55-5:25 Victoria 6:40-7:10 Victoria	10:20-10:50 Kristin 10:35-11:05 Mariah 11:15-11:45 Victoria
Totally 3s (CO-ED) Age 3 30 min Option	10:10-10:40 Kelsey 4:35-5:05 Mariah 5:30-6:00 Andriana 6:10-6:40 Jada	9:30-10:00 Jada 9:50-10:20 Mariah 4:55-5:25 Katie 6:10-6:40 Jada 7:15-7:45 Katie	9:50-10:20 Mariah 5:20-5:50 Katie 6:05-6:35 Kelsey 6:10-6:40 Danielle	9:50-10:20 Andriana 4:55-5:25 Andriana 6:10-6:40 Kelsey 7:20-7:50 Jada	1:00-1:30 Jada 4:45-5:15 Kelsey 6:05-6:35 Victoria	9:50-10:20 Victoria 10:50-11:20 Jada 11:10-11:40 Mariah 11:30-12:00 Jada
Terrific 3s & 4s (CO-ED) Age 3&4 45 min Option	10:45-11:30 Jada 2:00-2:45 Kelsey 5:20-6:05 Jada 6:45-7:30 Jada	10:05-10:50 Jada 5:20-6:05 Kelsey 6:45-7:30 Kelsey 7:20-8:05 Mariah	10:05-10:50 Jada 5:20-6:05 Danielle 6:45-7:30 Danielle	10:05-10:50 Jada 5:20-6:05 Kelsey 6:45-7:30 Kelsey	1:35-2:20 Jada 5:20-6:05 Kelsey 6:45-7:30 Kelsey	10:25-11:10 Victoria 10:55-11:40 Kristin
Fantastic 4 Girls (GIRLS Only) Age 4 60 min	9:30-10:30 Jada 5:10-6:10 Mariah 6:20-7:20 Mariah	10:15-11:15 Kelsey 5:10-6:10 Mariah 6:15-7:15 Mariah	6:15-7:15 Katie 7:15-8:15 Kelsey	11:00-12:00 Mariah 5:10-6:10 Mariah 6:15-7:15 Mariah	2:25-3:25 Jada 5:10-6:10 Megan 6:15-7:15 Megan	10:00-11:00 Danielle 11:45-12:45 Victoria
Fantastic 4 Boys (BOYS Only) Age 4	6:00-7:00 Viviana	6:00-7:00 Marisa	6:15-7:15 Jon	6:00-7:00 Jada		9:45-10:45 Jon
<b>GIRLS GYMNASTICS: Recreation classes</b>						
Bronze I Ages 5-7	4:45-5:45 Viviana 4:45-5:45 Jamie 4:45-5:45 Kylie 6:00-7:00 Marisa 6:00-7:00 Kylie	4:45-5:45 Kylie 5:00-6:00 Kait 6:00-7:00 Hannah 6:00-7:00 Rebekah 7:30-8:30 Kait	4:45-5:45 Ashley 4:45-5:45 Rhiannon 6:00-7:00 Ashley 6:00-7:00 Rhiannon 7:15-8:15 Ashley	5:00-6:00 Megan 6:15-7:15 Hannah 6:15-7:15 Megan 7:30-8:30 Megan	4:45-5:45 Caitlin 6:00-7:00 Kaitlin 6:00-7:00 Viviana	9:30-10:30 Megan 10:45-11:45 Megan 12:00-1:00 Megan 1:15-2:15 James
Bronze II Ages 8+	4:45-5:45 Kait 7:15-8:15 Abbie	4:45-5:45 Hannah 7:30-8:30 Caitlin	4:45-5:45 James 6:00-7:00 Marisa 7:15-8:15 Viviana	5:00-6:00 Kait 7:30-8:30 Mo		9:30-10:30 Hannah 10:45-11:45 Jamie 12:00-1:00 James
Silver *	6:00-7:00 Kait 6:00-7:00 Jamie 7:15-8:15 Viviana	5:00-6:00 Rebekah 6:15-7:15 Kylie 7:30-8:30 Hannah	4:45-5:45 Viviana 4:45-5:45 Marisa 6:00-7:00 Kait 7:15-8:15 James	5:00-6:00 Abbie 6:15-7:15 Kait 6:15-7:15 Mo 7:30-8:30 Hannah	4:45-5:45 Viviana	9:30-10:30 James 10:45-11:45 James 1:15-2:15 Jamie 2:30-3:30 Jamie
Gold *	7:15-8:15 Marisa	6:15-7:15 Abbie	6:00-7:00 James	5:00-6:00 Hannah 7:15-8:45 Jamie	4:45-5:45 Hannah	12:00-1:00 Jamie
Platinum *						
<b>GIRLS Pre-Competitive: Team preparation / Taught by Team Staff (September- June)</b>						
Junior Pre-Team Ages 4-5 *	7:15-8:15 Jillian	5:00-6:00 Jillian	7:15-8:15 Victoria	5:00-6:00 Ellen		
Pre-Team Level 1-2 Ages 5+ *	5:00-7:00 Jillian	6:15-8:15 Jillian	5:00-7:00 Victoria	6:15-8:15 Ellen		
Pre-Team Level 3 Ages 5+ *	5:00-7:30 Melissa		5:00-7:30 Melissa			* Must do 2 Days*
<b>BOYS GYMNASTICS: Recreation classes</b>						
Bronze I Ages 5-7	6:15-7:15 Jon	6:00-7:00 Jon	5:00-6:00 Jon 7:30-8:30 Jon	7:15-8:15 Jon	5:00-6:00 James	11:00-12:00 Jon
Bronze II Ages 8+	5:00-6:00 Jon	7:15-8:15 Jon		6:00-7:00 Jon		
Silver *		4:45-5:45 James				
Gold*						
Jr. Pre-Team Age 4-5*	5:00-6:00 Marisa	5:00-6:00 Jon				12:15-1:15 Jon
Boys PreTeam-must do 2 days		6:00-7:30 James		6:00-7:30 James		*Must do 2 Days*
<b>NINJA ZONE: Boys ages 3-11</b>						
Lil' Ninjas Boys Age 3&4		5:15-6:00 Jada	10:15-11:00 Andriana 6:00-6:45 Andriana	6:00-6:45 Andriana		11:45-12:30 Kristin
Lil Ninjas Girl Ages 3&4		6:45-7:30 Jada				12:05-12:50 Jada
Ninja Girls White & Yellow Ages 5-11	5:00-6:00 Roberto	7:15-8:15 Roberto				12:00-1:00 Roberto
Ninjas Boys White & Yellow Ages 5-7	7:30-8:30 Roberto	4:45-5:45 Roberto	5:00-6:00 Freddy 6:15-7:15 Freddy 7:30-8:30 Freddy 7:30-8:30 Roberto	4:45-5:45 Roberto 6:00-7:00 Roberto		9:30-10:30 Roberto 2:30-3:30 Roberto
Ninja Boys White & Yellow Ages 8-11	6:15-7:15 Roberto	6:00-7:00 Roberto	5:00-6:00 Roberto	7:15-8:15 Roberto	6:00-7:00 Roberto	10:45-11:45 Roberto 1:15-2:15 Roberto
Ninja Boys Green & Blue Ages 5-11			6:15-7:15 Roberto			
<b>TUMBLING &amp; TRAMPOLINE (T&amp;T)</b>						
Bronze Tumble I Ages 5-7	4:45-5:45 Abbie 7:15-8:15 Kylie	6:00-7:00 Caitlin 7:15-8:15 Rebekah		4:45-5:45 Jamie 6:00-7:00 Abbie	6:00-7:00 James	10:45-11:45 Hannah
Bronze Tumble II Ages 8+	7:15-8:15 Samantha	4:45-5:45 Marisa 6:00-7:00 Kait	7:15-8:15 Kait		4:45-5:45 Abbie 6:00-7:00 Samantha	10:45-11:45 Samantha
Silver Tumble	6:00-7:00 Abbie	4:45-5:45 Caitlin 7:30-8:30 James	4:45-5:45 Kait 6:00-7:00 Viviana 7:15-8:15 Marisa	4:45-5:45 Mo 6:00-7:00 Jamie 7:15-8:15 Abbie	4:45-5:45 Kait 6:00-7:00 Caitlin	12:00-1:00 Samantha
Gold Tumble	4:45-5:45 Rebekah 6:00-7:00 Pete	4:45 Abbie	6:00-7:00 Pete	4:45-5:45 James	6:00-7:00 Abbie	
Plat Tumble(North Gym) 60 min	7:15-8:15 Rebekah & Jamie	7:15-8:15 Abbie & Marisa				
Plat Tumble (Main Gym) 90 min	7:15-8:45 Pete					
Adult & Tot Trampoline Walking - 2.5						
Preschool Trampoline Ages 3-5				11:00-11:45 Jada		8:45-9:30 Bridget
Trampoline Ages 5+ (60 min)				5:30-6:30 Bridget		
Trampoline Ages 5+ (90 min)				6:30-8:00 Bridget		
Drop in Tumble - \$8.00	8:15-9:15					

**Held at North Gym**

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\* By Invitation Only  
11/14/2017



Staff is Subject to Change  
We accept Visa/MasterCard/Discover, Checks, Cash

Enroll Online at [www.millsgymnastics.com](http://www.millsgymnastics.com)