

## **Michigan Open 2024**

Participating Clubs: Branch, Euro Stars, FlipSpot, Grand Rapids Gym, Gym America, Gym Unlimited, Infinity, MAG, MEGA, Mills, Showtime, Sunrise & Troy

Admissions \$7 per person ages 3 & up - Cash Only

Concessions will be available - Cash Only

Parking - In front of building, on South Side and there is a parking lot and entrance on the West Side of the building which you can access via side street north of the building.

Session 1 - Sunday, March 3, 2024

Level 3 = 40 gymnasts

Doors Open 7:45 am

Stretch 8:00 am

Introductions 8:20 am

Warm Up/Compete 8:25 am

Awards 10:20 am

MEGA will be split in 2 rotations

Session 2 - Sunday, March 3, 2024

Level 4 = 64 gymnasts

Stretch 10:45 am

Introductions 11:05 am

Warm Up/Compete 11:10 am

Awards 1:35 pm

Session 3 - Sunday, March 3, 2024

Level 5-6 = 49 gymnasts

Stretch 2:00 pm

Introductions 2:20 pm

Warm Up/Compete 2:25 pm

Awards 4:40 pm

Session 4 - Sunday, March 3, 2024

Level 7-8-9-10 = 66 gymnasts

Stretch 5:00 pm

Introductions 5:20 pm

Warm Up/Compete 5:25 pm

Awards 8:40 pm